

Designed specifically for residents, **NEJM Resident 360** gives you the information, resources, and support you need to approach your rotations — and life as a resident — with confidence.



NEJM Resident 360 Goals

- Help residents build confidence & solidify foundational knowledge
- Provide guidance for life after residency
- Utilize social media to create dialogue and further discussions
- Save time by centralizing high yield information = more time to learn





- Tool designed for residents
 - Rotation Prep
 - Build foundational knowledge
 - Learning Lab
 - Teaching tools and learning resources for use throughout your residency
 - Residents Lounge
 - find information and inspiration through blogs, podcasts, and discussions
 - Student Corner (new)
 - Resources and guidance to get the most out of medical school
 - Discussions
 - Career
 - Provides guidance on career topics



Choose Your Rotation Internal Medicine Pediatrics

Internal Medicine

- Allergy/Immunology
- Ambulatory Care
- Cardiology
- Critical Care
- Dermatology
- Emergency Medicine
- Endocrinology
- Gastroenterology
- Geriatrics
- Hematology
- Infectious Diseases
- Mental Health
- Nephrology
- Neurology
- Oncology
- Patient Communication
- Pulmonology
- Rheumatology
- Women's Health

Pediatrics

- Adolescent Care
- Neonatal Care
- Pediatric Allergy/Immunology
- Pediatric Critical Care
- Pediatric Emergency Medicine
- Pediatric Endocrinology
- Pediatric Genetic/Metabolic Disorders
- Pediatric Hematology
- Pediatric Infectious Diseases
- Pediatric Mental Health
- Pediatric Oncology
- Pediatric Pulmonology
- Preventive/Well Child Care
- More on the Way



Rotation Prep



Introduction

In the intensive care unit (ICU), you learn how to care for the sickest patients in the hospital. In critical care, every second counts. The goal of this rotation guide is to help you understand the studies that support clinical decisions for critically ill patients and introduce the important concepts that you will encounter daily in the ICU.

The topics in this rotation guide are organized as follows:

- Shock and Sepsis
- Respiratory Failure and Ventilation
- Acute Respiratory Distress Syndrome (ARDS)
- Resuscitation Fluids and Transfusion
- Acid–Base and Electrolyte Disturbances
- Sedation and Delirium

Other topics related to critical care are covered in the following rotation guides:

- Hyperglycemic Emergencies (Endocrinology)
- Acute GI Bleeding (Gastroenterology)
- Hepatitis/Liver Failure (Gastroenterology)
- Advanced Care Planning and Palliative Care (Geriatrics)
- Disseminated Intravascular Coagulation (Hematology)
- Acute Kidney Injury (Nephrology)
- Neurologic Outcomes after Cardiac Arrest (Neurology)
- Cardiac Arrest (Emergency Medicine)

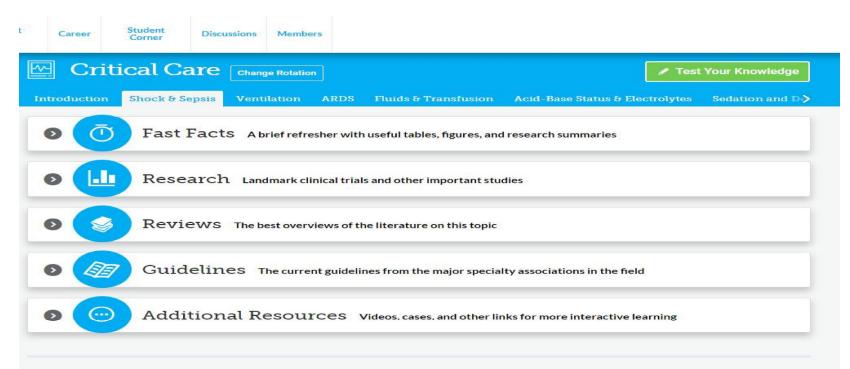
Procedures are an integral part of any critical care rotation. Therefore, we include procedure videos and images below the resources for each topic in this rotation guide.



Jeffrey Drazen, MD, is a pulmonologist and critical care physician, and Editor-in-Chief of the New England Journal of Medicine. He is a Senior Physician at Brigham and Women's Hospital, Distinguished Parker B. Francis Professor of Medicine at Harvard Medical School, Professor of Physiology at the Harvard School of Public Health and Adjunct Professor of Medicine at the Boston University School of Medicine.



Build Knowledge

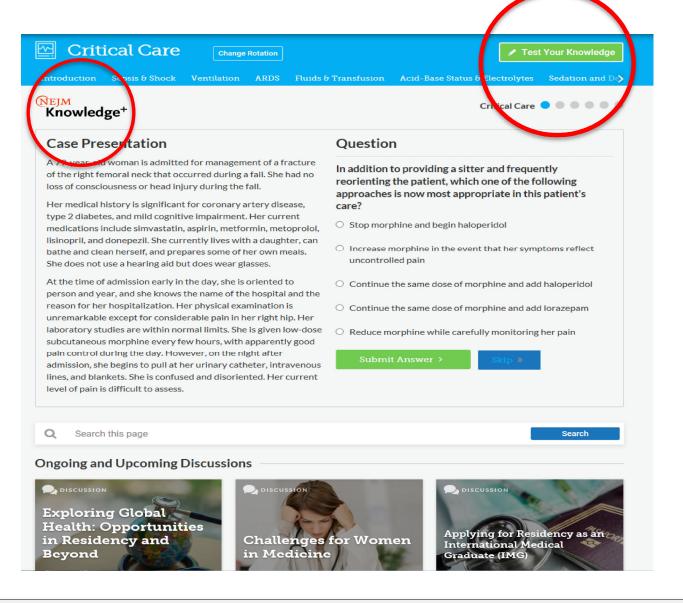


Critical Care Videos Procedures explained and demonstrated



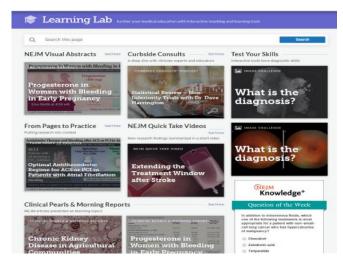


Solidify Knowledge

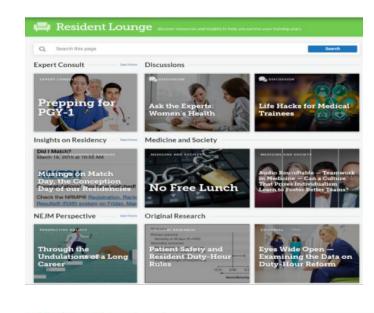


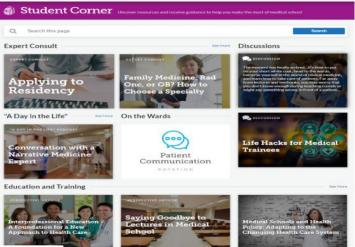


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